Thought Leadership Questions to Activate Renewal
(Energy to do Meaningful Work)*

To Promote Self Renewal

How are you taking care of yourself today?
What do you need right now in order to give you best?
What do you want to learn next?
What will engaging in renewal allow you to accomplish?
Where is your sanctuary – the place where you can go to think every day?
When will you reflect about this?
Who can you vent with? Who can you debrief with? Who can you think with?
What experiences do you want to have today, this week, this month, and year?
Talk about what you do when you have down time.
How are you responding to the pressure?
When and where do you reflect each day?

To Promote Renewal in Others

How are the people around you taking care of themselves?
What role do you play in the way people around you take care of themselves?
How will you make this fun? What difference will that make for you and others?
Where do people go each day to reflect and rest?
What will you ask people to do for themselves?

To Promote Organizational Renewal

How is the organization taking care of what it needs to learn?
What does your organization need to let go of now?
Will what got your organization here get your organization to the next phase?
How do you nurture the best work?
How have you undermined or neglected your best work?
What is your organization missing at its peril?
What is no longer relevant or impactful?
Where is your project moving forward? How are you celebrating these early wins?
Where is the organization succeeding? Under what conditions will this success be lost?
What is best about your organization and what needs to be renewed to keep it vital and relevant?
Where should the organization focus to have greatest impact?
Where are the breaks in the daily grind of the work of this organization?
Where are the sanctuaries in your organization?
What do individuals and teams do when they are stuck?

To Increase Focus and Energy

What can you let go of here?
What would give you energy now?
What do you need to say no to?
How will you respond to requests?
What inspires you in this project?
What do you need to forgive yourself for?
Whom do you need to forgive?
What tasks can you eliminate that deplete you?
Where do you want to go crazy and get creative?

To Play a Bigger Game and Strive for a Greater Good

What is your purpose in this project, your family, and your life?
What do you need to learn in order to create a compelling future?
How can this project impact the future and a wide circle of stakeholders and shareholders?
What legacy do you want to leave behind through this project or work?
What gives you joy and happiness?
Where do you have a second chance to have an impact?
What remarkable event are you looking forward to?
How can you do more of what you love to do and more of what made your organization successful?
What would happen if you enjoyed this?
Describe the energy you have to show up for your family, your spouse, and the other people you love.
What are you passionate about here?
What are you willing to risk? How much do you dare?


Notes: